

# SPRING 2026

## HOUSE LEAGUE PROGRAM

### INFORMATION

PRINCE ALBERT YOUTH SOCCER ASSOCIATION

#### FOCUS OF PAYSA'S HOUSE LEAGUE PROGRAM:

A recreational program that provides ALL participants with a safe environment that encourages participation, effort, sportsmanship, and teamwork.

#### PROGRAM OVERVIEW:

##### UNDER 5 TO UNDER 11 PROGRAMS

Following the guidelines recommended by the Canadian Soccer Association and Sport Canada, our U5 to U11 child centered programs integrate both skills and game play against opposing teams into each daily session. This approach allows ALL players the opportunity to acquire and refine fundamental skills important to long term enjoyment of the game.

##### U5 TO U11 PROGRAM SPECIFICS:

AGE GROUP	GAME FORMAT	PLAYING LOCATION	EVENINGS OF WEEK	START DATE	END DATE	START TIMES
<b>U5 BOYS</b>	3 V 3 (No goalkeepers)	Inside Alfred Jenkins Field House	TUESDAY & THURSDAY	MAY 5	JUNE 18	5:30 p.m.
<b>U5 GIRLS</b>	3 V 3 (No goalkeepers)	Inside Alfred Jenkins Field House	TUESDAY & THURSDAY	MAY 5	JUNE 18	5:30 p.m.
<b>U7 BOYS</b>	4 V 4 (No goalkeepers)	Inside Alfred Jenkins Field House	TUESDAY & THURSDAY	MAY 5	JUNE 18	6:30 p.m.
<b>U7 GIRLS</b>	4 V 4 (No goalkeepers)	Inside Alfred Jenkins Field House	TUESDAY & THURSDAY	May 5	JUNE 18	6:30 p.m.

AGE GROUP	GAME FORMAT	LOCATION	EVENINGS OF WEEK	START DATE	END DATE	START TIMES
<b>U9 BOYS</b>	6 V 6 (Including goalkeeper)	AJF OUTSIDE BACKFIELD	MONDAY & WEDNESDAY	MAY 1	JUNE 24, INCLUDING PLAYOFFS	5:30 or 6:30 p.m.
<b>U9 GIRLS</b>	6 V 6 (Including goalkeeper)	AJF OUTSIDE BACKFIELD	MONDAY & WEDNESDAY	MAY 1	JUNE 24, INCLUDING PLAYOFFS	5:30 p.m.
<b>U11 GIRLS</b>	7 V 7 (Including goalkeeper)	AJF OUTSIDE BACKFIELD	MONDAY & WEDNESDAY	MAY 1	JUNE 24, INCLUDING PLAYOFFS	5:30 p.m.
<b>U11 BOYS</b>	7 V 7 (Including goalkeeper)	AJF OUTSIDE BACKFIELD	MONDAY & WEDNESDAY	MAY 1	JUNE 24, INCLUDING PLAYOFFS	6:30 p.m.

### UNDER 13 TO UNDER 19 MIXED PROGRAM SPECIFICS:

AGE GROUP	GAME FORMAT	EVENINGS OF WEEK	START DATE	END DATE	START TIMES
<b>U13 MIXED</b>	11 V 11	MONDAY & WEDNESDAY	MAY 1	JUNE 24, INCLUDING PLAYOFFS	5:30
<b>U15 MIXED</b>	11 V 11	TUESDAY & THURSDAY	MAY 5	JUNE 24, INCLUDING PLAYOFFS	and/or 6:45 p.m.
<b>U17/19 MIXED</b>	11 X 11	TUESDAY & THURSDAY	MAY 5	JUNE 24 INCLUDING PLAYOFFS	

**Please note:** While the PAYSA Staff will make every effort to maintain games schedules to the day and times indicated, adjustments may be required for one or more age groups depending upon the number of player registrations that we receive during our registration period.

Have a great spring soccer season!!